The World Governing Body For Weight Training Instructors

| ENZYME ANALYSIS | | |
|------------------|-----------------|-------------------------------------|
| ENZYME | LOCATION | ACTION |
| Pytalin | Mouth | Some starch to maltose |
| Pepsin | Stomach | Protein to peptides |
| Rennin (Infants) | Stomach | Milk protein to peptides |
| Trypsin | Intestine | Protein to peptides and amino acids |
| Chymotrypsin | Intestine | Protein to peptides and amino acids |
| Lipase | Intestine | Fat to fatty acids |
| Amylase | Intestine | Starch (and glycogen) to maltose |
| Sucrase | Intestinal wall | Sucrose to glucose and fructose |
| Lactase | Intestinal wall | Lactose to glucose and galactose |